

## Preparation Instructions for Thyroid (2 Day) Test

Thank you for using Three Rivers Health for your Medical Imaging needs. For your upcoming appointment please follow the following steps.

- 1) Discontinue Anti-Thyroid Medications (e.g. Tapazole), Cough Medicine, Antihistamines (allergy meds), large doses of aspirin, TCTH, and Antiparasitics for (1) week prior to exam.
- 2) Discontinue Thyroid Blocking Agents (e.g. SSKI), Multivitamins, Omega 3, Cod Liver Oil, Fish Oil, and Kelp (2) weeks prior to exam.
- 3) Discontinue Thyroid Medications (e.g. Levothyroxine) and Expectorants, agar (red algae), carrageen (seaweed), and topical iodine (3) weeks prior to exam.
- 4) You should not have any Intravenous or intrathecal iodinated contrast material (IVP, CT with contrast, myelogram, angiogram) (1) month prior to exam.
- 5) If you are prescribed a medication called Amiodarone, please call the Medical Imaging Department.

We hope you have a good experience with us. If you have any questions please call us at 269.273.9638.