



## **Katharine L. Gaj, DPT, OCS, COMT, ATC**

**Doctor of Physical Therapy.**

**Manager of Outpatient Therapy and Cardiac Rehab.** Graduated from California State University, Long Beach and Ola Grimsby Institute. Board Certified Orthopedic Specialist, Certified Orthopedic Manual Therapist and Athletic Trainer. Special interests: sports injuries and running.



## **Ryan Fedore, DPT**

**Doctor of Physical Therapy.** Graduated from Central Michigan University. Area of interest: orthopedics. Enjoys wrestling with his 5 sons and is still undefeated.



## **Michael Bylsma, DPT**

**Doctor of Physical Therapy.** Graduated from Andrews University. Areas of interest: finance, orthopedics, Green Bay Packers, and food.



## David Ritzenthaler, DPT

**Doctor of Physical Therapy.** Graduated from Andrews University. Interests include: Orthopedics. Plans for manual therapy certification. Enjoys gymnastics, family sport activities and exercise.



## Nitin Udhawani, PT, DPT, C-OMPT, CIDN, LSVT

**Doctor of Physical Therapist.** Graduated from Western Michigan University in Exercise Science and Sports Medicine, t-DPT degree from Utica College. Holds certifications in Orthopedic Manual Physical Therapist, Dry Needling for pain management and sports performance, and Big and Loud Therapy for Parkinson's disease. Currently pursuing PhD in Physical Therapy from Nova Southeastern University as well as completing a Fellowship in Orthopedic Manual Therapy. Areas of special interest: Treating Orthopedic and Neurological Dysfunctions of Upper Quarter, Vestibular Rehabilitation and interest in photography



## Tonya Bickley, DPT

**Doctor of Physical Therapy.** Graduated from Western Michigan University BS in exercise science and Doctorate degree from Central Michigan University. Special interests include therapy for stroke recovery, Parkinson's disease and sport injuries. Enjoys yoga, mountain biking, spending time with her cat and dog and playing cards with her family.



## **Blade Rohloff, DPT**

**Doctor of Physical Therapy.** Graduated from Boston University. Interested in orthopedics and geriatrics. Enjoys spending time hiking and scuba diving.



## **Erin Nowak, MS OTR, CHT**

**Master of Science in Occupational Therapy. Certified Hand Therapist.** Graduated from Western Michigan University 2005. Specializes in hand and elbow rehabilitation and earned specialty certification in 2015. Part-time professor at WMU teaching Advance Clinical Practice of the Hand and Upper Extremity. Serves the community by sitting on the Three Rivers Board of Education and Three Rivers Little League Board.



## **Suzanne Reed, MA-CCC/SLP**

**Master of Arts in Speech-Language Pathology.** Graduated undergrad at MSU and graduate school at WMU. Lives in Kalamazoo and has been with Three Rivers Health since 2001. Enjoys reading, snowmobiling, traveling and spending time at her cottage on Gravel Lake. She is married to her husband Ray and they have one son.



## Jennifer Finnerman, PTA

**Physical Therapist Assistant.** Graduated from Lutheran College of Health Professions. Has been with Three Rivers Health since 1998. Areas of interests: biomechanics and running assessments. She is an avid runner, CrossFit enthusiast and has finished many marathons and half marathons. Enjoys traveling and spending time with her kids.



## Natalie Ford, PTA

**Physical Therapist Assistant.** Graduated from Kellogg Community College. Loves to spend as much time with her husband and two beautiful children. Natalie enjoys vacationing to new areas, Sunday football and a good “cup of joe”. Natalie hates to run but loves to eat.



## Amber Lederman, PTA

**Physical Therapist Assistant.** Graduated from Kellogg Community College. Enjoys outdoor activities, kayaking, downhill skiing and Notre Dame Football.



## Derek Adams, PTA

**Physical Therapist Assistant.** Graduated from Kellogg Community College. Presently enrolled in BS program in exercise science. Enjoys going to/ watching sporting events and spending time with family and friends. Areas of interest: sports injuries and orthopedics.



## Rebekah Williams

**Office Coordinator.** Certificate in Administrative Assistant from KVCC. Born and raised in Three Rivers. Loves to run and spend time with family and friends.



## Vanessa Schwartz

**Outpatient Therapy Technician.** Graduated from Kalamazoo Center for Healing Arts for Massage Therapy. Enjoys working with people and traveling to different places.



## **Alicia Diaz**

**Outpatient Therapy Technician.** Born and raised in Southern California. Loves to cook, would rather be outside than in during sunny days. Passionate about learning anything and everything.