




Three
Rivers
Health

CALLING ALL CANCER SURVIVORS



Our newly expanded Cancer Support Group welcomes survivors of all types of cancer and their family members.

Special guest Connie Nichols returns to discuss Reflexology – what is it – and how does it work? This ancient healing art is practiced on the hands, ears, and feet. Reflexes and nerve endings on the surface of these areas correspond to every body part, gland, and organ of the body. People attending can practice reflexology on their hands with partners, if they so choose.

The group is free and welcomes people currently in treatment and those who are long-time survivors. Join us for:

REFLEXOLOGY – WHAT IS IT – AND HOW DOES IT WORK?

Tuesday, March 16, 2010, 6:30-7:30 PM

St. Joseph Conference Room, Three Rivers Health

Connie Nichols, CCA, CMT, is a certified clinical aromatherapist trained through ISHA, and certified massage therapist, trained at Kalamazoo Center for the Healing Arts. She has continued her education in reflexology and in crainiosacral and myofascial release massage therapies.

New members are encouraged to attend, whether they are currently under treatment or have survived any type of cancer. No reservations are necessary, and this group is offered free of charge. The facilitators are health professionals and cancer survivors themselves. To learn more, visit www.threerivershealth.org or call 269.273.9757.

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